



A Message from Mayor Greg Nickels ...

I am pleased to present you with the 2005–2006 Special Discounts Directory for seniors and adults with disabilities. This book lists discounts on products and services as well as opportunities for involvement in our community. I hope it will become a valuable resource to you.

The City of Seattle is committed to promoting healthy aging. We also hope that younger and older adults will gain and maintain physical, mental and financial health, independence and involvement in the community.

I encourage you to take advantage of services offered by the Mayor's Office for Senior Citizens. These services are outlined in the next few pages. You are welcome to call the office about your own issues related to aging. You can also call for information or referrals for an elderly relative or friend. This service is free and confidential.



To healthy aging and long life,

Greg Nickels
Mayor of Seattle



NOTES

INTRODUCTION AND NOTICE

The Seattle Mayor's Office for Senior Citizens created this directory to provide discounts for senior citizens and adults with disabilities.

Businesses define "senior" differently (for example, age 60 or age 65). Some organizations extend discounts only to holders of the Gold Card for Healthy Aging (senior identification card) or FLASH Card (for adults with disabilities). Some merchants may require customers to show their Gold Card to receive a discount.

We urge you to comparison shop and seek advertised specials. Before you make a major purchase, weigh your options carefully and contact the Better Business Bureau. When purchasing services, remember to get a written estimate or contract describing the work and the cost.

We want to hear from you. Please call us if you have comments about services you receive from the businesses listed in this directory. If you know of a business or service not yet listed here that offers discounts to seniors and persons with disabilities, call us at (206) 684-0500.

Please note: This is not a complete list of discounts for seniors or persons with disabilities. The City of Seattle has not investigated the services listed in this directory, and neither endorses the businesses nor warrants the services, products or quality. We do not guarantee that businesses offer the lowest price. Discounts and terms listed may change or be discontinued at any time without notice.

MAYOR'S OFFICE FOR SENIOR CITIZENS

The Mayor's Office for Senior Citizens supports healthy aging, independent living and social and civic engagement, especially for older adults by serving families and the community in a variety of ways.

Senior Information and Assistance

Seniors and family members can receive information about aging issues and referrals to a wide variety of services:

- * Social Security, Medicare and other programs
- * Health care, dental and vision services and immunizations
- * Nutrition, meal delivery and shopping assistance
- * Housing options, including assisted living
- * Transportation services

Professional senior advocates direct callers to appropriate agencies and resources and/or contact an agency or resource on their behalf. When there are intensive needs, home visits can be arranged.

Age 55+ Employment Resource Center

Job counselors in the Mayor's Office for Senior Citizens evaluate skills and qualifications, provide referrals, assist with job search, lead workshops and offer a Web site for job seekers age 55 and above.

Volunteer Programs

We match older adults to interesting ongoing and one-time volunteer opportunities. We match younger adults and project teams to volunteer opportunities that benefit senior citizens. In addition, we coordinate intergenerational opportunities for older adults and young people.

Arts and Events

Seniors can receive free tickets to arts, recreational and cultural events on a first-call-first-serve basis. We also sponsor senior events throughout the year. For event information, please subscribe to “Spotlight,” a periodic newsletter, by calling the number listed below.

Utility Assistance Program

Low-income utility customers may qualify for reduced rates on Seattle Public Utilities combined utility (water, sewer, and solid waste) and City Light bills. One-time payment assistance is also available for low- and moderate-income City Light customers facing disconnection.

More Information

For more information about any of the programs listed above, please contact the Mayor’s Office for Senior Citizens, between the hours of 8:00 a.m. and 5:00 p.m., Monday through Friday except holidays.

Seattle Mayor’s Office for Senior Citizens

Tel (206) 684-0500

Fax (206) 684-0494

TTY (206) 233-2778

www.seattle.gov/humanservices/mosc

GOLD CARD FOR HEALTHY AGING

SENIOR IDENTIFICATION AND DISCOUNT CARD

The Gold Card for Healthy Aging, a senior identification and discount card issued by the City of Seattle, is available to all King County residents 60 years of age and older.

The Gold Card provides identification and eligibility for discounts from participating businesses, restaurants, theaters and professional and public services listed in this directory. Some merchants may require customers to show their Gold Cards to receive a discount; others may not.

The Gold Card can be used for free entrance to the Seattle Zoo and Seattle Aquarium. It can be used as a library card at the Seattle Public Library. Gold Card holders also qualify for a 50% discount on dog and cat licenses from Seattle Animal Control.

The Gold Card can be obtained from the Mayor's Office for Senior Citizens, at City of Seattle neighborhood service centers ("little city halls"), at Seattle Parks and Recreation community centers and at Seattle Animal Control.

For more information, call the Mayor's Office for Senior Citizens at (206) 684-0500 or TTY (206) 233-2778 or go to www.seattle.gov/humanservices/mosc/ on the Web.

FLASH CARD

IDENTIFICATION AND DISCOUNT CARD FOR ADULTS WITH DISABILITIES

The FLASH (Fun Leisure Access Savings and Health) Card, an identification card for persons with disabilities issued by the City of Seattle, provides access to services and discounts. Like the Gold Card for Healthy Aging, the FLASH Card provides identification and eligibility for a variety of discounts.

Eligibility requirements for the FLASH Card are the same as for a Metro Regional Reduced Fare Permit for persons with disabilities and for the Utility Assistance Program administered by the Mayor's Office for Senior Citizens.

The FLASH Card features the Community Information Helpline telephone number (206-461-3200). The is embossed in Braille, carries a barcode for Seattle Public Library use and includes the Crisis Clinic Web address.

Adults with temporary disabilities may be eligible to receive a FLASH Card printed on paper with an expiration date.

FLASH Cards are available at the Mayor's Office for Senior Citizens (or by mailing in a completed application) as well as Community Services for the Blind and Partially Sighted (9709 3rd Ave NE Suite 100, Seattle, 206-525-5556); Washington Coalition of Citizens with Disabilities (4649 Sunnyside Ave N #100, Seattle, 206-545-7055 or TTY 206-632-3456); and the STAR (Special Technology Access Resources) Center (2121 26th Ave S, Seattle, 206-325-4284).

For information, call (206) 684-0500 or TTY (206) 233-2778 or go to www.seattle.gov/humanservices/mosc/ on the Web.

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RESOURCES

Following is a partial list of resources that may be of help:

55+ Job Line	(206) 684-0477
African American Elders Project	(206) 328-5639
Aging & Disability Services	(206) 684-0660
Asian Counseling and Referral Service	(206) 695-7600
Chinese Information and Service Center	(206) 624-4062
Community Information Line	(206) 461-3200
	or (800) 621-4636
Crisis Clinic	(206) 461-3222
Disabled Information and Assistance	(206) 461-3200
Easter Seal Society	(206) 281-5700
Emergency	9-1-1
King County Aging Program	(206) 296-5216
King County Metro's Accessible Services	(206) 263-3113
	http://transit.metrokc.gov/accessible.access.html
King County Office Of Citizen Complaints - Ombudsman	
	(206) 296-3452
King County Property Taxes	(206) 296-3920
King County Records & Elections	(206) 296-1565
King County Respite Program	(206) 448-3110
Latino SeaMar Information and Assistance	(206) 764-4716
Meals on Wheels	(206) 448-5767
Senior Information and Assistance	(888) 435-3377
	or (206) 448-3110
Seniors Training Seniors in Computer Basics	(206) 684-0639
Social Security Administration	(800) 772-1213
SS Administration Web site	
	www.ssa.gov
US Health & Human Services-	
Medicare Issues	(800) 633-4227
Volunteer Matching Programs	(206) 684-0639
Voting Information	(206) 296-8683
Washington State Human Rights Commission	(206) 464-6500



ATTORNEYS & LEGAL ASSISTANCE

Donaldson & Knigge Attorneys at Law

210 Summit Ave E
Seattle WA 98102

lisadonaldson@msn.com

(206) 329-4025

Free consultation. Home evening and weekend appointments. Discounts for all wills, probate, traffic and personal injury matters. Age 60+ and adults with disabilities.

Elder Law Legal Clinic

2208 2nd Ave
Seattle WA 98121

(206) 448-5720

Senior Rights Assistance, in cooperation with the King County Bar Association, sponsors this clinic two Fridays per month, by appointment only. Clients meet privately with an attorney for 30 minutes at no cost.

King County Bar Association Neighborhood Legal Clinic

1200 5th Ave Suite 600
Seattle WA 98101

www.kcba.org

(206) 267-7070

Free advice for 1/2 hour. Call for an appointment Mon.-Thurs. between 9:00-12:00 p.m. No age requirements.

Lawyer Referral Service

1200 5th Ave, Suite 600
Seattle WA 98101

www.kcba.org

(206) 267-7010

Regular referrals to regular fee attorneys. Free for personal injury cases. \$30 consultation fee for other cases. Must be income eligible. No age requirement.

Legal Action Center of Catholic Community Services

100 23rd Ave S
Seattle WA 98144

(206) 324-6890

Free legal services to King County residents with eviction notices, other landlord-tenant issues or debtor-creditor issues related to past housing. No age requirement.

Nina Harding
Attorney at Law
901 24th Ave S
Seattle WA 98144
ninaharding@msn.com
(206) 329-6370

Free consultation. Appointments evenings and weekends at your home. Senior discount for probates and wills.

Senior Rights Assistance
2208 2nd Ave
Seattle WA 98121
(206) 448-5720

Free legal information and assistance through the Elder Law clinics and volunteer peer counseling. Elder Law Clinics are open to people of all ages.



AUTO REPAIR & TOWING

1st Auto Service
1021 Auburn Way S
Auburn WA 98002
(253) 939-4816

5% off on all services. Age 60+ or adults with disabilities.

212th Automotive
7612 S 212th St
Kent WA 98032
(253) 395-4434
10% on parts used in vehicle repair. Age 60+

A & M Auto Repair
(Foreign & Domestic)
13451 SE 27th Pl
Bellevue WA 98005
amautofactoria.com
(425) 641-9455
10% off parts and labor.
Age 60+ or adults with disabilities.

Aurora Clutch & More
8401 Aurora Ave N
Seattle WA 98103
(206) 782-1531
10% off clutches and transmissions. Age 60+ or adults with disabilities. Must show Gold or FLASH Card.

Auto Depot, Inc.
3500 Rainier Ave S
Seattle, WA 98144
www.autodepotonline.com
(206) 725-3500

10% off parts, services, glass and bodywork for Hondas, Acuras, Toyotas and Lexus. Age 60+ or adults with disabilities.

Auto Repair Center

9217 Roosevelt Way NE

Seattle WA 98115

(206) 729-3801

10% off parts/labor when card is presented at write up. Age 60+ or adults with disabilities.

Best Service & Repair

935 N 96th St

Seattle WA 98103

drflahault@aol.com

(206) 515-0240

15% on all repairs. Age 60+ and adults with disabilities.

Bill Pierre Dodge

11323 Lake City Way NE

Seattle WA 98125

timv@pierredodge.com

(206) 363-6400

10% off parts and labor. Age 60+

Bothell Import Service

19319 Bothell-Everett Hwy

Bothell WA 98012

[bothellimportservice@](mailto:bothellimportservice@netzero.net)

[netzero.net](mailto:bothellimportservice@netzero.net)

(425) 481-3210

15% on all services. Age 65+ or adults with disabilities.

Bothell Tire & Automotive

17210 Bothell Way NE

Bothell WA 98011

(425) 481-5050

10% off parts and labor repairs over \$100. Age 60+ or adults with disabilities.

Courtesy Tire

10% off labor (for auto service & repair) and 10% off tires (excludes advertised tire prices). Age 60+ or adults with disabilities.

4820 California Ave SW

Seattle WA 98116

(206) 932-5044

2102 E Madison St

Seattle WA 98112

(206) 329-7525

Downtown Automotive

572 Mercer St (corner of 6th Ave N & Roy St)

Seattle WA 98109

DTABajema@msn.com

(206) 270-8500

Designated repair facility for AAA. 5% off labor. Free pickup and delivery downtown and Queen Anne area within a 2-mile radius. Age 55+ or adults with disabilities.

Earl's Garage, Inc.

14515 15th Ave NE
Seattle WA 98155

www.earls-garage.com

(206) 364-7400

10% off parts and labor discount. Age 60+ or adults with disabilities.

Edwards Automotive Service

950 N 128th St
Seattle WA 98133

www.edwardsauto@aol.com

(206) 362-1960

5% off. Age 60+ or adults with disabilities.

Elliott Tire & Service

10% off all parts, labor and services over \$100. 10% off tires not on sale. Age 60+ or adults with disabilities.

www.etireandservice.com

444 Elliott Ave W
Seattle WA 98119
(206) 284-0600

5601 15th Ave NW
Seattle WA 98107
(206) 783-4423

4441 Fauntleroy Way SW
Seattle WA 98126
(206) 932-1346

1961 4th Ave S
Seattle WA 98134
(206) 447-2700

10419 NE 4th St
Bellevue WA 98004
(425) 454-9552

12856 NE 85th St
Kirkland WA 98033
(425) 822-5330

13018 NE 175th St
Woodinville WA 98072
(425) 481-8211

531 128th St SW
Everett WA 98204
(425) 745-4134

1621 Riverside Dr
Mount Vernon WA 98273
(360) 428-2711

Evergreen Auto Glass, Inc.

16241 Cleveland St
Redmond WA 98052

www.evergreenautoglass.com

(425) 883-1001

10% off and free mobile service.
Age 60+ or adults with disabilities.

Factoria Chevron

3204 129th PI SE
Bellevue WA 98005

(425) 746-8945

10% off labor, discounted oil changes (\$19.95 + tax for most vehicles). Full service gas at self serve prices. Age 60+ or adults with disabilities.

Hermann's International

6800 Roosevelt Way NE
Seattle WA 98115

www.hermannsintl.com

(206) 522-7766

10% off parts and labor up to
\$100. Age 60+ or adults with
disabilities.

Hiline Auto Repair

834 SW 149th St
Burien WA 98166

(206) 242-6304

10% off parts and labor. Age
60+ or adults with disabilities.

J & M Automotive

11552 15th Ave NE
Seattle WA 98125

(206) 365-0338

10% off labor, \$30 for 65-point
inspection and \$16.95 for oil
change. Age 60+ or adults with
disabilities.

Jim Adams Auto Clinic

16268 5th Ave NE
Shoreline WA 98155

(206) 364-0976

10% off labor. Age 60+

**Kelly's Totem Lake
Auto Care**

13131-B NE 124th St
Kirkland WA 98034

www.kellysautocare.com

(425) 827-6411

\$250 off negotiated purchase
price of vehicle and 15% off

parts on repairs and mainte-
nance. Age 60+ or adults with
disabilities.

King's Transmission

2939 4th Ave S
Seattle WA 98134

(206) 624-1859

10% off work. Age 60+ or adults
with disabilities.

Lakeside Collision Center

13310 Bel-Red Road
Bellevue WA 98005

www.lake-collision.com

(425) 641-5475

10% off labor. Age 60+ or
adults with disabilities.

**Lake Stevens Tire
& Automotive**

9015 Vernon Rd #8
Lake Stevens WA 98205

(425) 397-9830

10% off parts and labor for
repairs over \$100. Some
exclusions apply. Age 60+ or
adults with disabilities.

Lee's Automotive

13281 Aurora Ave N
Seattle WA 98133

www.ty18@msn.com

(206) 362-4449

10% off parts and labor. Age
60+ or adults with disabilities.

Meineke Car Care Center

8401 Aurora Ave N

Seattle WA 98103

www.meineke.com

(206) 789-9623

10% off. Age 60+ or adults with disabilities.

Midas Auto Service**Experts**

12020 NE 85th

Kirkland WA 98034

www.midas.com

(425) 827-0451

10% off all services. Not to be combined with any other discount. Age 60+ or adults with disabilities.

Midas Auto System**Experts**

2331 7th Ave

Seattle WA 98121

(206) 441-8252

10% off all services. Not to be combined with other discounts. Age 65+

Mt. Si Motors

43028 SE North Bend Way

North Bend WA 98045

tow4sno@aol.com

(425) 888-4884

10% off sale price of any vehicle. Age 55+ or adults with disabilities.

North Seattle**Transmission**

14711 15th Ave NE

Shoreline WA 98155-7124

northseattletransmission.com

(206) 364-3131

5% off on all repairs. Age 60+ or adults with disabilities.

Puget Sound Radiator & Speedometer Service

8000 Lake City Way NE

Seattle WA 98115

(206) 524-0886

10% off parts and service. Age 60+ or adults with disabilities.

Renton Transmission

4233 NE Sunset Blvd

Renton WA 98059

(425) 235-0101

20% off parts and labor. Not valid with other discounts. Age 60+ or adults with disabilities.

Rick Stark Enterprises

Corvette and American Car Specialists

12415 NE 124th

Kirkland WA 98034

www.rickstarkcorvette.com

(425) 823-0522

20% off most auto parts. 10% off labor on American cars only. Age 60+ or adults with disabilities.

Rose Street Auto Repair

8335 Rainier Ave S

Seattle WA 98118

rosetauto@earthlink.net

(206) 723-7500

10% off on parts, excluding dealer parts. Age 60+ or adults with disabilities.

Snoqualmie Valley Towing

43023 SE Northbend Way

North Bend WA 98045

tow4sno@aol.com

(425) 888-4884

20% off state towing rates. Age 55+ or adults with disabilities.

Specialty Auto Care

6701 15th Ave NW

Seattle WA 98117

www.specauto.net

(206) 789-7686

15% off on labor. Age 60+ or adults with disabilities.

Specialty Motors

12517 15th Ave NE

Seattle WA 98125

(206) 367-4403

10% off parts and labor of foreign cars only. Age 60+ or adults with disabilities.

Superior Automotive Service

4333 Leary Way NW

Seattle WA 98107

www.superiorautoservice.net

(206) 782-6474

10% off parts and labor, up to \$75. Age 60+ or adults with disabilities.

TC'S Off Road Center

730 N Central

Kent WA 98032

info@tcoffroadcenter.com

(253) 852-2720

10% off parts and labor. Age 60+ or adults with disabilities.

Tom's Automotive Service

3616 SW Oregon

Seattle WA 98126

www.tomsautomotive.com

(206) 937-1144

5% off up to \$20. Age 55+ or adults with disabilities.

Walt's Auto Care Centers

Multiple locations

(253) 922-5111

10% off parts and labor. Not good with any other offer. Age 60+ or adults with disabilities.

Warren Secord Automotive

1110 W Meeker St

Kent WA 98032

(253) 852-1492

10% off. Age 60+ or adults with disabilities.



BANKING SERVICES

Many banks offer services for senior citizens for free or at reduced costs. This may include free checking, free notary, free bill payment by telephone or other services. Please ask your bank about senior discounts.

Note: Nearly all banks accept direct deposit of Social Security checks. If you do not take advantage of this service, we recommend that you do so.

Washington Mutual

Free checking account, free Visa Check Card with no annual fee, free online banking, and free online bill-pay. For information, call 1-800-756-8000.



BEAUTY SHOPS & BARBERS

Bombaii Cutters Hair Design

122 Kirkland Ave
Kirkland WA 98033
www.bombaii.com

(425) 828-4411

25% discount with Gold or FLASH Card. Age 60+ or adults with disabilities.

Dang's Hair Design

9851 Aurora Ave N
Seattle WA 98103
(206) 525-5423

10% for haircut and 5% on all other treatments/service. 10% off all products. Age 60+ or adults with disabilities.

DeCharlene's Beauty & Boutique

2108 E Madison St
Seattle WA 98112
(206) 322-8296

Discounts for seniors on Tues. & Wed., 9:30 a.m.-6:00 p.m. Special discounts for cancer patients. Age 60+ or adults with disabilities.

Depot Barbershop

108 Railroad Ave S

Kent WA 98032

(253) 852-0620

\$3 off regular price. Age 62+ or adults with disabilities.

Gene Juarez Academy

20% off any service.

Discount valid Tues.-Fri.

Age 60+

www.genejuarezacademy.com

10715 8th Ave NE

Seattle WA 98125

(206) 365-6900

2222 S 314th St

Federal Way WA 98003

(253) 839-4000

Hair Pro Salon

10700 SE 208th St #106

Kent WA 98031

(253) 373-0915

20% off any services. Age 60+ or adults with disabilities.

Happy Beauty Salon

5008 University Way NE

Seattle WA 98105

(206) 525-4302

\$5 discount for any service. Age 50+ or adults with disabilities.

His n' Her Hair Center

828 SW 152nd St

Burien WA 98166

(206) 244-5560

Senior discounts Tues.-Sat.

Wigs available. Age 60+ or adults with disabilities.

International Salon

543 Northgate Way, Suite K

Seattle WA 98125

internationalsalon@msn.com

(206) 363-4210

5% off regular prices. Age 60+ or adults with disabilities.

John's Hair Styling

920 N 160th St #A

Seattle WA 98133

(206) 546-1161

\$2 off haircuts. Age 65+ or adults with disabilities.

Kim Hair Salon, Inc.

526 S Jackson St

Seattle WA 98104

(206) 326-6689

10% off hair services. Age 60+ or adults with disabilities.

Latino's Style Hair Salon

4525 Rainier Ave S

Seattle WA 98118

(206) 725-0178

Adults with disabilities: \$3 off haircuts and chemicals. Age 60+: \$2 off haircuts and chemicals.

Living Color Beauty Supply

9416 Rainier Ave S

Seattle WA 98118

livingcolorsea@msn.com

(206) 721-5322

10% off. Age 60+ or adults with disabilities.

New Beginnings

435 East Main

Auburn WA 98002

(253) 939-2480

10% off services on Mon./Tues./Wed./Fri. Age 65+ or adults with disabilities.

Northwest Hair Design

15035 Military Rd S

SeaTac WA 98188

(206) 242-2428

25% off any service or retail item. Age 60+ or adults with disabilities.

Salon 1520

1520 Eastlake Ave E #106

Seattle WA 98102

www.salon1520.com

(206) 328-8161

20% off on hair, massage, nails, facials and waxing. Age 60+ or adults with disabilities.



CHIROPRACTORS

Abrams Chiropractic

7815 Greenwood Ave N

Seattle WA 98103

rhondabaxer@qwest.net

(206) 789-5704

Free examination and \$30 office visit. Age 59+ or adults with disabilities.

Seattle Back Clinic P.S., Inc.

2041 E Madison St

Seattle WA 98122

(206) 325-1575

Medicare assignment accepted, initial consultation free. Age 60+ or adults with disabilities.



CLEANING SERVICES, DRY CLEANING & ALTERATIONS

Ace & Cartozian Carpet

13680 NE 16th #100

Bellevue WA 98005

www.acecartozian.com

15% off services. Age 60+ or
adults with disabilities.

Best Campus Cleaners

1907 SW Campus Dr

Federal Way WA 98023

(253) 874-4366

Call for discounts. Age 60+ or
adults with disabilities.

Coit Cleaning

16750 Woodinville/

Redmond Rd NE

Redmond WA 98072

www.coit.com

(800) 367-2648

25% off drapes, carpets, area
rugs, air ducts, blinds, tile and
grout cleaning. Age 60+ or
adults with disabilities.

East Hill Cleaners

25807 104th Ave SE

Kent WA 98030

(253) 852-4700

20% off dry cleaning. Age 60+
or adults with disabilities.

King Cleaners

28711 Military Rd S

Federal Way WA 98003

(253) 941-1900

15% off dry cleaning, except
leather. Age 60+ or adults with
disabilities.

Spotless Cleaners

20% off on dry cleaning.

Age 60+ or adults with
disabilities.

3015 E Madison St

Seattle WA 98112

(206) 568-2610

606 E Pine St

Seattle WA 98122

(206) 568-2619



CLINICS — DENTAL & MEDICAL

Kang Acupuncture & Herbal Medicine Center

13256 Northup Way #7

Bellevue WA 98005

(425) 401-8885

\$10 off acupuncture treatments;
20% off herbs. Age 60+ or
adults with disabilities.

Seattle-King County Pub- lic Health Dental Clinics

Primary medical care for all
ages. All services offered on
a sliding scale fee. Dental
care for adults 65+ years or
with disabilities.

[www.metrokc.gov/health/
locations/](http://www.metrokc.gov/health/locations/)

Columbia Public Health Center

Dental Clinic

4400 37th Ave S

Seattle WA 98118

(206) 296-4625

Downtown Public Health Center

Dental Clinic

2124 4th Avenue

Seattle WA 98121

(206) 205-0577

Eastgate Public Health Center

Dental Clinic

14350 SE Eastgate

Bellevue WA 98007

(206) 296-9726

North Public Health Center

Dental Clinic

12359 Lake City Way NE

Seattle WA 98125

(206) 205-8580

Renton Public Health Center

Dental Clinic

10700 SE 174th, Suite 101

Renton WA 98055

(206) 296-4955

King County Community Dental Clinics

Accepts Medicare assign-
ment and medical coupons;
sliding fee scale. Services
available for all ages.

45th Street Clinic

1629 N 45th St

Seattle WA 98103

(206) 633-3350

Auburn Community Dental

1 "A" St NW

Auburn WA 98001

(253) 804-8713

Central Area Dental Clinic
2101 E Yesler Way
Seattle WA 98122
(206) 461-7801

Eastside Community Dental
16345 NE 87th St #C 2
Redmond WA 98052
(425) 883-8000

Federal Way Community Clinic
33431 13th Pl S
Federal Way WA 98003
(253) 874-7646

Georgetown Clinic
6200 13th Ave S
Seattle WA 98108
(206) 461-6943

Harborview Medical Center
325 9th Ave
Seattle WA 98104
(206) 731-3189

Holly Park Dental
International Community
Health Services
7116 MLK Jr Way S
Seattle WA 98118
(206) 461-4948

International District
Dental Clinic
International Community Health
Services
720 8th Ave S Suite 100
Seattle WA 98104
(206) 461-8568, ext. 3002

Joe Whiting Dental Clinic
6020 35th Ave SW
Seattle WA 98126
(206) 461-6966

Kent Community Dental Clinic
403 E Meeker, Suite 100
Kent WA 98032
(253) 796-4071

Lake Washington Technical
College Dental Clinic
11605 132nd Ave NE
(425) 739-8130

SeaMar Dental Clinic
8915 14th Ave S
Seattle WA 98108
(206) 762-3263

Seattle Indian Health Board
611 12th Ave S
Seattle WA 98144
(206) 324-9360 ext 2301

Southeast Dental Clinic
3800 S Myrtle St
Seattle WA 98108
(206) 461-6981

University of Washington Dental School Clinics

Health Sciences Center
1959 NE Pacific Ave
Box 35665

Seattle, WA 98195

Adult emergencies: 206-
685-9014

Adult new patient and non-
emergency: 206-616-6996

Child clients: 206-543-3525

20%-40% off private fees; same
for all patients. Patient selection
based on learning opportunities
for dental students.

Seattle Community Health Clinics

Accepts Medicare and medical coupons; sliding fee scale. Services for all ages.

45th Street Clinic
1629 N 45th St
Seattle WA 98103
(206) 633-3350

Aradia Women's Health Center
1300 Spring St
Seattle WA 98104
(206) 323-9338

Carolyn Downs Family
Medical Center
2101 E. Yesler
Seattle WA 98122
(206) 323-9388

Country Doctor
Community Clinic
4400 37th Ave S
Seattle WA 98118
(206) 299-1600

Greenwood Medical Clinic
415 North 85th St
Seattle WA 98103
(206) 782-8660

High Point Medical Clinic
6020 35th Ave SW
Seattle WA 98126
(206) 461-6950

Holly Park Medical Clinic
7116 MLK Jr Way S
Seattle WA 98118
(206) 461-4948

International Community Health
Services International
District Site
720 8th Ave S #100
Seattle WA 98104
(206) 461-3235

Pike Market Clinic
1930 Post Alley
Seattle WA 98101
(206) 728-1687

Pioneer Square Clinic
206 3rd Ave S
Seattle WA 98104
(206) 521-1750

Rainier Beach Medical Clinic
8444 Rainier Ave S
Seattle WA 98118
(206) 722-8444

Sexually Transmitted
Disease Clinic
Harborview Medical Center
325 9th Ave (ground floor)
East Clinic Wing
Seattle WA 98104
(206) 731-4160

Renton Foot Clinic

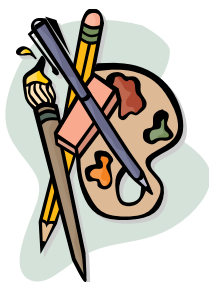
327 Morris Ave S
Renton WA 98055

www.metabolismbalance2.com
(425) 255-7731

Nail trims \$20, prescriptive foot
orthotics \$250, acupuncture
\$50. Age 65+ or adults with
disabilities. Adults with disabili-
ties billed through Medicaid.

Washington State Dental Association

Participating dentists offer reduced rates. Must be 65 years old, meet income guidelines and have no dental insurance. Call Senior Information and Assistance at 1-888-4-ELDERS for help.



CRAFTS, ART, FABRIC & HOBBIES

Pacific Fabrics & Crafts

Participating locations. 10% on regular priced merchandise. Not good with any other offer. Age 60+ or adults with disabilities (with FLASH Card).

www.pacificfabrics.com

838 NE Northgate Way
Seattle WA 98125
(206) 362-0111

2230 4th Ave S
Seattle WA 98134
(206) 628-6237

1645 140th Ave NE
Bellevue WA 98005
(425) 747-3551

10203 Evergreen Way
Everett WA 98204
(425) 353-8866

15790 Redmond Way
Redmond WA 98052
(425) 882-3455

6000 E Lake Sammamish
Pkwy SE
Issaquah WA 98029
(425) 392-6696

3715 S Meridian
Puyallup WA 98073
(253) 770-1695

4214 Wheaton Way
Bremerton WA 98310
(360) 479-4214

Undercover-Quilts from USA

1411 First Ave #106
Seattle WA 98101
quilts@serv.net
(206) 622-6382

10% off fabrics, sewing supplies, books and quilts (does not apply to sales items). Age 60+ or adults with disabilities.



EDUCATION

Community Colleges

All Washington State community colleges offer reduced tuition for adults age 60+. Some courses are designed for older adults. Call your local college for more information.

Bellevue Community College

conted.bcc.ctc.edu/telos/telos.asp
(425) 564-2216

North Seattle Community College

www.northseattle.edu/senior/
(206) 527-3600

Seattle Central Community College

seattlecentral.edu
(206) 587-3800

South Seattle Community College

www.seattlecolleges.edu
(206) 764-5389

Lifetime Learning Center

6208 60th Ave NE
Seattle WA 98115
www.lifetimelearning.info
(206) 985-3904

Low class fees. Low-income scholarship program available.
Age 50+

Seattle Parks and Recreation

(206) 684-4951

Low-cost classes in a wide range of subjects offered at community centers throughout Seattle.

Seattle Pacific University

3307 3rd Ave W
Seattle, WA 98119
www.spu.edu
(206) 281-2031

Tuition-free courses for adults 65+ on a space available basis (register on second day of quarter). Seniors can audit undergraduate classes or register for academic credit.

Seniors Training Seniors in Computer Basics

Mayor's Office for Senior
Citizens

(206) 684-0639

Computer classes for adults age
50+ offered at multiple sites. A
nominal fee may apply.

Shoreline Community College

www.shoreline.ctc.edu

(206) 546-4611

(206) 546-4745 (students
with disabilities)

Seniors age 60+ may attend up
to two classes on space avail-
able basis, with instructor's
approval, audit only. Registra-
tion starts on the sixth day of the
quarter. \$5.50 nonrefundable
processing fee per quarter;
special fees and lab fee are not
waived.

University of Washington ACCESS for Older Adults

(206) 543-6160

\$5.00 registration fee for 1-2
undergraduate classes (except
lab or studio courses); audit
only.



ELECTRIC CONTRACTORS

All City Electric

619-B NW Richmond Beach
Rd

Shoreline WA 98177

(206) 533-6333

10% off. Age 60+ or adults with
disabilities.

Green Lake Electric

PO Box 70624

Seattle WA 98127

greenlakeelectric@comcast.net

(206) 789-4371

10% off. Age 60+ or adults with
disabilities.

Kemly Electric, Inc.

1148 NW 50th St

Seattle WA 98107

marty@kemlyelectric.com

(206) 782-1670

10% off labor and materials.
Age 60+ or adults with disabili-
ties.

King Street Electrical Systems

PO Box 3242

Seattle WA 98114

(206) 609-9783

15% off labor charges. Age 60+ or adults with disabilities.

Sunshine Electric

2523 NW 194th Pl

Shoreline WA 98177

(206) 546-3776

10% off the \$62.50 hourly rate. Age 60+ or adults with disabilities.



FOOD BANKS, GROCERIES & MARKETS

Boulevard Park Thriftway

12000 Des Moines Memorial Dr S

Seattle WA 98168

www.thriftway.com

(206) 246-5697

5% discount for adults age 60+, Mon-Sat 6-11 a.m. and Sun 7-11 a.m.

Hilltop Red Apple Market

5% discount on purchases (except alcohol, tobacco, lottery tickets and other service center items), Mon-Fri, 7 a.m.-5 p.m. Age 60+ or adults with disabilities.

www.redapplemarkets.com

2701 Beacon Ave S.

Seattle WA 98144

(206) 323-1325

2301 S Jackson St

Seattle WA 98144

(206) 328-1505

Pike Market Creamery

1514 Pike Place #3

Seattle WA 98101

(206) 622-5029

10% off all products. Open Sun.-Sat. Age 65+

Puget Consumers Co-op

Adults 60+ or with disabilities can purchase a \$2 shopping pass to receive lifetime discount pricing.

www.pccnaturalmarkets.com

PCC - Fremont

600 N 34th

(206) 632-6811

PCC - Greenlake

7504 Aurora Ave N

(206) 525-3586

PCC - Issaquah
1810 12th Ave NW
(425) 369-1222

PCC - Kirkland
10718 NE 68th
(425) 828-4622

PCC - Seward Park
5041 Wilson Ave S
(206) 723-2720

PCC - View Ridge
6514 40th Ave NE
(206) 526-7661

PCC - West Seattle
2749 California Ave SW
(206) 937-8481



FURNACE SERVICE, OIL & GAS

Affordable Gas Service
12955 22nd Ave NE
Seattle WA 98125
ygasman@msn.com
(206) 367-5333

10% off labor. Age 60+ or adults
with disabilities.

**Aurora Edmonds Furnace
Cleaning, Inc**
PO Box 59733
Renton WA 98058
(425) 228-0877

10% off current price at time of
scheduling. Age 60+ or adults
with disabilities (Gold or FLASH
card required).

Fast Water Heater Co.
12601 132nd Ave NE
Kirkland WA 98034
www.fastwaterheater.com
(206) 464-0106

10% off installation and repair
services. Age 60+ or adults with
disabilities.

Gas Appliance Service
837 NW 45th
Seattle WA 98107
www.gasapplianceservice.com
(206) 632-5000

10% off heating or cooling
equipment service (discount not
valid with other specials). Age
60+ or adults with disabilities.

Gateway Heating Air
3802 Auburn Way N #301
Auburn WA 98002
info@gatewayheating.com

10% discount on parts, heating
or cooling repairs. 5% discount
on new heating or cooling
system. Discount cannot be
used with other specials.

Glendale Heating and Oil
12462 Des Moines Memorial Dr
Seattle WA 98168
www.glendaleheating.com
(206) 243-7700

\$.03/gal. discount on heating oil. Age 60+ or adults with disabilities.

Olson Energy Service
4415 Leary Way NW
Seattle WA 98107
www.olsonenergy.com
(206) 782-5522

\$.02 /gal. heating oil delivery.
10% off on heating or cooling equipment service. 10% off furnace and/or air duct cleaning. Discounts not valid with other specials. Age 60+ or adults with disabilities.

Rosscoe Heating Oil Company
PO Box 18259
Seattle WA 98118
www.rosscoe.com
(206) 725-7555

\$.04/gal on heating oil. 12% off services. Age 60+ or adults with disabilities.



HARDWARE, BUILDING SUPPLIES & REPAIRS

Blackstock Lumber Co.
1039 Elliott Ave W
Seattle WA 98109
(206) 284-1313

10% off retail. Age 60+ or adults with disabilities.

Greenwood True Value Hardware
7201 Greenwood Ave N
Seattle WA 98103
(206) 783-2900

10% on all items, except sale items. Age 60+ or adults with disabilities.

Major Brands Appliances
34419 Pacific Hwy S
Federal Way WA 98003
(253) 838-7056

10% off all appliances and appliance parts and service. Age 60+ or adults with disabilities.

McLendon Hardware

5% off, except sale items, closeouts, clearance, special orders, bus passes/tickets, gift certificates, deliveries, stamps and Web orders. Age 65+ or adults with disabilities.

www.mclendons.com

440 Rainier Ave S
Renton WA 98055
(425) 235-3555

10210 16th Ave SW
Seattle WA 98146
(206) 762-4090

23662 104th Ave SE
Kent WA 98031
(253) 850-2722

5420 112th St E
Puyallup WA 98373
(253) 536-6560

111 Fryar Ave
Sumner WA 98390
(253) 863-2264

17705 130th Ave NE
Woodinville WA 98072
(425) 485-1363

Seattle Home Appliance Center

18811 Bothell Way NE,
Suite 201
Bothell WA 98011
bill@seattlehomeappliance.com
(425) 485-0551

10% off on parts. Age: 60+



HEARING & TESTING

A Plus Hearing Aid

4519 California Ave SW
Seattle WA 98116
aplus@quidnunc.net
(206) 938-3711

Batteries for one year with purchase of hearing aids. NUEAR Foundation helps provide hearing aids to low-income individuals. Age 65+

Beltone-Digital Hearing Center

3112 NE 125th St
Seattle WA 98125
(206) 364-4327

20% off all new hearing aids.
25% off all repairs and free hearing tests. Accepts L&I, Medicaid and most insurances. Age 60+ and adults with disabilities.

Federal Certified Hearing Center

30620 Pacific Ave S,
Suite 101
Federal Way WA 98003
(253) 839-1715
(253) 839-0227

Age 60+: 10% off and \$1,000 discount on a pair of digital hearing aids, all models. No charge for testing. Adults with disabilities: No charge with medical coupons that have ENP on them (DSHS); hearing aids are free.

Hearing, Speech & Deafness Center

1625 19th Ave
Seattle WA 98122

www.hsdc.org

(206) 323-5770 Voice/TTY

Free hearing and speech screenings, Mon. 1:00-3:00 p.m. Some services offered on sliding fee scale. Medicaid/Medicare accepted.



HOME REPAIR & CONSTRUCTION

Chuck's Handy Man

3865 34th Ave SW
Seattle WA 98126
(206) 935-6730

10% discount. Age 60+ or adults with disabilities.

City of Seattle Office of Housing

700 5th Ave #5700
PO Box 94725
Seattle WA 98124-4725
(206) 684-0244

Low-interest loans for health, safety code and structural repairs available for low- and middle-income Seattle homeowners of any age.

Jack's Home Remodeling & Repair

11510 E Riverside Dr #8
Bothell WA 98011
(206) 852-7744

\$5 discount per hour. 60+ or adults with disabilities.

King County Housing Repair Program

Exchange Building

821 2nd Ave Suite 500

Seattle WA 98104

www.metrokc.gov/dchs/csd/housing/repair.htm

(206) 296-7640

Provides loans and grants to low- and moderate-income homeowners who live in King County outside of Seattle. Not all programs available in all areas. Grants for accessibility modifications available for adults with disabilities and low-income renters. Services available for all ages.

Minor Home Repair Senior Services of Seattle/ King County

448-5751

Repairs for income-eligible homeowners and adults with disabilities who own or are buying homes.

Oncore Companies, Inc.

20629 SE 271st st

Covington WA 98042

www.oncoreclean.com

20% off cleaning carpet, upholstery, pressure washing, tile, stone and rugs. 5% off installing flooring and tile. 5% off remodeling. Age 60+ or adults with disabilities.

The Lightmen, Inc

PO Box 3184

Kent WA 98089

www.thelightmeninc.com

(253) 874-5360

10% off on all labor. Not applicable to subcontractors. Age 60+ or adults with disabilities.



INSULATION

HomeWise Program Seattle Office of Housing

700 Fifth Ave #5700

PO Box 94725

Seattle WA 98125-4725

(206) 684-0244

Grants available to low-income Seattle households for installing insulation and other energy conservation measures. Available to seniors and adults with disabilities.



LOCKSMITHS

AAA Locksmith & Security Consultants Inc.

512 Broadway E
Seattle WA 98102-5024

www.aaalock.net

(206) 325-1515

15% off on goods & services.
Age 60+ or adults with disabilities.

Bergman's Lock & Key

1714 12th Ave
Seattle WA 98122

(206) 323-5300

10% off service and labor. Age
60+ or adults with disabilities.

Key X-press, Inc. (Mobile Locksmith)

PO Box 88132
Tukwila WA 98138

(206) 433-8212 or

(206) 713-8040

10% off. Age 60+ or adults with
disabilities.

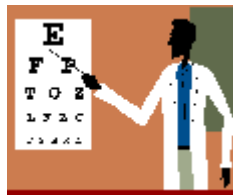
Nyberg Locksmiths

2106 3rd Ave
Seattle WA 98121

info@nybergkock.com

(206) 448-5625

15% off all products and services. Age 60+ or adults with disabilities.



OPTOMETRISTS & OPTICAL DISPENSERS

4 Your Eyes Only Optical

1815 N 45th #211
Seattle WA 98103

(206) 547-7430

15% off. Age 60+ or adults with
disabilities.

Advanced Eyecare Solutions of Woodinville

13317 NE 175th St #U
Woodinville WA 98072

advancedeyecaresolutions.com

(425) 486-3937

30% off eye exams, 30% off
frames, 10% off lenses and add-
ons and 10% off contacts. Age
60+ or adults with disabilities.

Ballard Optical
Alan L. Kimpton O.D.

1719 NW Market St
Seattle WA 98107
www.ballardoptical.com
(206) 784-2090

10% off all services and materials for anything not covered by insurance. Not valid with other discount. Age 65+ or adults with disabilities.

Binyon Family Eyecare
Richard Kenny, O.D.

225 106th Ave NE
Bellevue WA 98004
www.drrichardkenny.com
(425) 454-2028

10% off. Age 65+

Binyon Optometrists
Dean Donnolly O.D.

10000 Aurora Ave N
Seattle WA 98133
(206) 524-5768

20% off frames lenses and exams. Age 60+ or adults with disabilities.

Burien Eye Care Center

625 SW 153rd St
Seattle WA 98166
(206) 242-8545

10% off glasses. Age 65+ or adults with disabilities.

Community Services for the Blind and Partially Sighted

9709 3rd Ave NE, Suite 100
Seattle WA 98144
www.csbps.com
(206) 525-5556 Voice/TDD
1-800-458-4888

Services to individuals with severe vision loss, including counseling, instruction in safe movement and travel, independent living skills, low-vision evaluation and training, adaptive aids store and volunteer support. No charge for some services.

Davis Optical Xpress
4323 University Way NE
Seattle WA 98105

www.davisoptical.com
(206) 633-5225

10% off frames & lenses. Age 60+ or adults with disabilities.

Edgar Crockett, O.D.

70 Andover Park W
Tukwila WA 98188
(206) 439-7588

\$40 off regular exam (seniors, AARP members and adults with disabilities).

Greenwood Optical

133 N 85th St

Seattle WA 98103

www.greenwoodoptical.com

(206) 783-2050

10% off all prescription eye wear. Age 65+ or adults with disabilities.

Jennifer Andrews, O.D.

Third & Pine

Seattle WA 98181

bretsweson@msn.com

(206) 344-2020

10% off frames and lenses. Age 62+ or adults with disabilities.

Lenscrafter

10% discount on frames and lenses. Age 60+

530 Northgate Mall

Seattle WA 98125

(206) 364-1668

615 Southcenter Mall

Seattle WA 98188

(206) 431-8620

Mill Creek Vision Source

15808 Mill Creek Blvd #110

Mill Creek WA 98012

www.millcreekvision.com

(425) 745-5650

20% prompt payment discount. Not valid with other discounts or insurance billing. Age 60+ or adults with disabilities.

Seattle Eyewear

1701 NW Market St

Seattle WA 98107

seattleeyewear@aol.com

(206) 784-0700

10% discount on eyeglasses. Age 60+ or adults with disabilities.

20/20 Eyecare Centers

999 3rd Avenue

Seattle WA 98104

(206) 682-2020

10% off glasses. Age 60+ or adults with disabilities (must show Gold for FLASH Card).

Vision Express

1045 S 320th St

Federal Way WA 98003

(253) 941-0071

10% off exams, frames and lenses for age 60+. 20% off exams, frames and lenses for adults with disabilities.

Woodlawn Optical

8032 35th Ave NE

Seattle WA 98115

(206) 523-6676

10% discount. Age 60+ and adults with disabilities.

Woodlawn Optical-Bothell

10116 Main St #102

Bothell WA 98011

woodlawnoptical@earthlink.net

(425) 486-7270

10% discount. Age 60+



PAINTERS & PAINTING EQUIPMENT

Best Paint Co., Inc

5205 Ballard Ave NW

Seattle WA 98107

(206) 783-9938

20% discount. Age 60+ or
adults with disabilities.

Cloverdale Paint/Rodda Paint

570 S Michigan St

Seattle WA 98108

www.roddapaint.com

(206) 762-9274

25% off retail paint, 10% off
sundries and resale paint. Visit
Web site for other store loca-
tions. Age 60+ or adults with
disabilities.

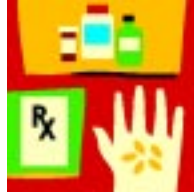
Rossman Industrial Supply Co.

PO Box 55663

Seattle WA 98155

(206) 367-6282

10% off sundries and paint. Age
60+ or adults with disabilities.



PHARMACIES, HEALTH FOOD & MEDICAL SUPPLIES

Bartell Drugs

Corporate Office

4727 Denver Ave S

Seattle WA 98134

(206) 763-2626

1-877-227-8355 other
locations

www.bartelldrugs.com

Discounts for cash prescrip-
tions: 10% discount (up to
\$50.00); 9% discount (\$50.00-
74.99); 8% discount (\$75.00-
99.99); 7% discount (over
\$100.00). Age 60+

Eastern Pharmacy

515 Minor Ave

Seattle WA 98104

sharsame@msn.com

(206) 622-6094

Guarantees that prices are lower than other local pharmacies. Age 55+ or adults with disabilities.

Georgetown Pharmacy

6111 13th Ave S

Seattle WA 98108

(206) 763-0288

10% off medications. Age 60+ or adults with disabilities.

Luke's Pharmacy

611 Maynard Ave S

Seattle WA 98104

(206) 621-8883

10% off medications. Age 65+ or adults with disabilities.

MD Direct

221 10th Ave

Kirkland WA 98033

www.mddirectonline.com

(425) 889-0339

10% discount on everything. Age 60+ or adults with disabilities.

Mother Nature's Natural Health Store

516 1st Ave N

Seattle WA 98109

(206) 284-4422

10% off all regular priced supplements, vitamins, health and beauty aids and lunchbar items (discount does not apply to groceries). Age 60+ or adults with disabilities.

Nature's Remedy of Washington

14154 NE Woodinville-Duvall Rd

Woodinville WA 98072

(425) 485-4633

15% discount. Age 60+ or adults with disabilities. At time of purchase, must state where offer was found and show Gold or FLASH Card.

**Northwest Health Watch
(Personal Emergency
Response System)**

10215 Lake City Way NE
#K

Seattle WA 98125

www.health-watch.com

(206) 985-4200 or

1-800-600-6628

Personal Emergency Response System provides 24/7 in-home monitoring. Discount price is \$35 installation and \$30/month. Also provide medication reminders, medication dispensers and fall detectors. Age 60+ or adults with disabilities.

**Northwest Prescription &
Medical Supplies**

1530 N 115th St #112

Seattle WA 98133

nwprescription@hotmail.com

(206) 365-2255

10% discount on retail prices.
Age 60+ and adults with disabilities.

Pilgrims Natureway

Nine locations. 10% off all vitamin supplements, health and beauty aids, excluding sale items. Age 60+ or adults with disabilities.

Downtown Seattle
1524 3rd Ave
(206) 625-9722

Auburn

4018 A Street SE #402

(253) 939-1323

Aurora-Edmonds

23632 Hwy 99 # R

(425) 774-7777

Ballard

5607 20th Ave NW

(206) 782-6377

Everett Mall

1402 SE Everett Mall Way

(425) 353-5454

Northgate

401 NE Northgate Way #760

(206) 365-7590

Oak Harbor

751 NE Midway Blvd

(360) 675-0333

Vitality-Kirkland

12618 120th Ave NE

(425) 821-1819

West Seattle

4455 California Ave SW

(206) 935-4200

**QFC View Ridge
Pharmacy**

7501 35th Ave NE

Seattle WA 98115

viewridgepharm@quest.net

(206) 524-1800

10% off all prescription medications and private label over-the-counter drugs. Age 60+ or adults with disabilities.

Westside Pharmacy

5401 California Ave SW
Seattle WA 98136

(206) 937-5722

10% off Rx. Delivery and
mediset services available. Age
60+ or adults with disabilities.

**Woodinville Medical Cen-
ter Pharmacy**

17000 140th Ave NE #E101
Woodinville WA 98072

(425) 485-2900

10% off regular priced prescrip-
tions. Age 60+ or adults with
disabilities.



PLUMBERS & SEWER CLEANERS

Collier Plumber, Inc.

10814 5th Ave S
Seattle WA 98168

(206) 246-5325

10% off labor. Age 60+ or adults
with disabilities.

Fischer Plumbing

1115 NW 51st St
Seattle WA 98107

www.fischerplumbing.com

(206) 783-4129

10% off. Age 60+ or adults with
disabilities.

**Gene Johnson Plumbing
& Heating, Inc.**

10011 Greenwood Ave N
Seattle WA 98133

[www.genejohnson
plumbing.com](http://www.genejohnsonplumbing.com)

(206) 789-6610

10% off service calls to
customer's private residence.
Age 60+ or adults with disabili-
ties.

**Maple Valley Plumbing &
Pipeworks, Inc.**

PO Box 903

Ravensdale WA 98051

(425) 432-7599

10% off labor and materials.
Age 60+ or adults with disabili-
ties.

Pipeline Plumbing

11831 S 32nd St

Bellevue WA 98005

[www.pipelineplumbing
inc.com](http://www.pipelineplumbinginc.com)

(425) 644-2622

5% off plumbing services. Age
60+ or adults with disabilities.

Soreano's Hatfield Plumbing & Heating Co.

3704 S Ferdinand St
Seattle WA 98118
(206) 723-7373

10% discount. Age 60+ or adults with disabilities.

TLC Plumbing

2442 NW Market #9
Seattle WA 98107
(206) 783-1548

10% off. Age 60+ or adults with disabilities.

Tomahawk Mechanical

22610 88th Ave S
Kent WA 98031
tmi2000@go.com
(253) 813-0612

10% discount on plumbing and piping work. Age 60+ or adults with disabilities.



**PROPERTY &
REAL ESTATE
SERVICES**

**King County Assessor
Property Tax Exemptions**

500 4th Ave
Seattle WA 98104
(206) 296-3920

Homeowners age 61+ may be eligible for tax exemptions. For information, call Mon.-Thurs.
7:30 a.m.-4:30 p.m.

Peacock Home Inspections

19745 53rd Ave NE
Seattle WA 98155
peacockinspections@earthlink.net
(206) 367-6566

\$25 off all inspections. Age 60+ or adults with disabilities.

Real Estate Appraisal Svc

4511 264th Ave NE
Redmond WA 98053-2713
www.appraisalusa.com
(425) 868-1997

10% discount on any type of real estate appraisal service in King, Pierce and Snohomish counties.

Remax Northwest Realtors

300 NE 97th Street
Seattle WA 98115
nfelton@sellingseattle.com
(206) 528-4440

If selling, \$1,500 off listing commission. If buying, \$1,500 towards purchasing your home or towards appliance, etc. Age 52+ or adults with disabilities.



RECREATION

Outdoor Recreation Information Center

222 Yale Ave N
Seattle WA 98174
(206) 470-4060

Golden Age Lifetime Pass to national parks and forests available for \$10 with proof of age and US citizenship. Age 62+ or adults who are blind or permanently disabled.

Washington State Parks

PO Box 42650
Olympia WA 98504-2650
www.parks.wa.gov
(360) 902-8500

50% discount on camping and moorage. Day-use permit no charge. Off season pass discount October-March and Sun.-Thurs. in April. Must have 12 consecutive months residency. Age 62+ or adults with disabilities.

Department of Fish and Wildlife

(425) 775-1311

\$5 fee for state freshwater, saltwater, & shellfish license for anyone over 70 years of age with permanent state residency. Adults with disabilities must have a disabled card. Persons with disabilities can buy a combination fishing license. Disabled Vets get 50% off their hunting license.

Seattle Municipal Golf Courses

1600 S Dakota St
Seattle WA 98108
seattlegolf.com
(206) 285-2200

5% off published or posted rates at the golf courses. Age 62+ or adults with disabilities.

Seattle Parks and Recreation Pools

www.cityofseattle.net/parks/Aquatics/index.htm

For information and current schedule for swimming lessons, water fitness classes and recreation swim, call your community pool.

Ballard Pool
1471 NW 67th St
Seattle WA 98117
(206) 684-4094

Colman Saltwater Pool at
Lincoln Park (summer only)
8603 Fauntleroy Way SW
Seattle WA 98136
(206) 684-7494

Evans Pool
7201 E Greenlake Dr N
Seattle WA 98115
(206) 684-4961

Helene Madison Pool
13401 Meridian Ave N
Seattle WA 98133
(206) 684-4979

Meadowbrook Pool
10515 35th Ave NE
Seattle WA 98125
(206) 684-4989

Medgar Evers Pool
500 23rd Ave
Seattle WA 98122
(206) 684-4766

Mounger Pool (Magnolia)
2535 32nd Ave W
Seattle WA 98199
(206) 684-4708

Queen Anne Pool
1920 1st Ave W
Seattle WA 98119
(206) 386-4282

Rainier Beach Pool
8825 Rainier Ave S
Seattle WA 98118
(206) 386-1944

Southwest Pool
2801 SW Thistle St
Seattle WA 98126
(206) 684-7440

Pacific Science Center Seattle Center (206) 443-2001

Adults age 65+: Wednesdays
free exhibits and \$5 add-on for
regular IMAX films. May exclude
special engagement exhibits
and IMAX films.

Adults with disabilities: Free
exhibits and regular IMAX films
everyday. May exclude special
engagement exhibits and IMAX
films. Free evening laser shows
Thurs.-Sun.

Seattle Aquarium Pier 59 (206) 386-4349

Free entrance with the Gold or
FLASH Card. Call (206) 684-
0500 for more information.

Seattle Japanese Garden

1075 Lake Washington
Blvd E

Seattle, WA 98112

[www.seattle.gov/parks/
parkspaces/
japanesegarden.htm](http://www.seattle.gov/parks/parkspaces/japanesegarden.htm)

(206) 684-4725

\$3 admission fee. Age 65+ or
adults with disabilities.

Senior Centers

Contact your local senior
center or 1-888-4ELDERS
for more information.

Space Needle Corporation

400 Broad St

Seattle WA 98109

www.spaceneedle.com

(206) 905-2100

\$11 valid through 4/30/2006.
Age 65+. Visit Web site for more
information.

Underground Tour

608 1st Ave

Seattle WA 98104

(206) 682-4646

www.undergroundtour.com

\$8 charge for adults 60+ and \$5
for adults with disabilities.

Woodland Park Zoo

5500 Phinney Ave N

Seattle WA 98103

www.zoo.org

(206) 684-4820

Free entrance with the Gold
Card or FLASH Card. Call (206)
684-0500 for more information.

Ye Olde Curiosity Shop

Pier 54 - 1001 Alaskan Way

Seattle WA 98104

(206) 682-5844

15% off cash purchases. Age
65+ or adults with disabilities.

West Seattle Family YMCA

4515 36th Ave SW

Seattle WA 98126

www.westseattleymca.org

(206) 935-6000

Senior joining fee is \$69 for
individuals and \$125 for
couples; monthly dues are \$40
for individuals and \$75 for
couples. Group Health enrollees
with Medicare Part A and B
receive a free monthly member-
ship. Arthritis water exercise
punchcard available for \$3/
class. Age 65+. Financial
assistance is available for all
ages to the extent possible.



RESTAURANTS

Angelina's Trattoria

2311 California Ave SW

Seattle WA 98116

(206) 932-7311

20% off bill, excluding alcoholic beverages. Age 60+ or adults with disabilities.

Bamboo Garden

Vegetarian

364 Roy Street

Seattle WA 98109

www.bamboogarden.net

(206) 282-6616

10% off. Age 60+

Beck's Steaks & Seafood

16651 Redmond Way

Redmond WA 98053

(425) 885-5888

10% off entree dinners. Age 60+

Bombay Grill

4737 Roosevelt Way NE

Seattle WA 98105

www.bombaygrillofseattle.com

(206) 632-5072

10% discount on lunch and dinner. Age 60+ or adults with disabilities.

Catfish Corner

2726 E Cherry St

Seattle WA 98122

www.mo-catfish.com

(206) 323-4330

10% off. Age 60+ or adults with disabilities.

China Clipper Restaurant

13300 NE 175th St #3

Woodinville WA 98072

www.chinaclipper.net

(425) 487-1000

10% off dine-in or take-out menu items, excluding alcoholic beverages. Age 60+ or adults with disabilities.

Chinese Deli Restaurant

927 Howell St

Seattle WA 98101

(206) 233-9133

10% discount for dine-in or take-out and free delivery (limited area). No checks — cash and credit cards only. Age 60+ or adults with disabilities.

Eggs Cetera's Blue Star Cafe & Pub

4512 Stone Way N

Seattle WA 98103

www.3dhospitality.com/bluestar

(206) 548-0345

10% discount. Age 60+ or adults with disabilities.

Franz Bakery

2006 S Weller St

Seattle WA 98144

(206) 726-7535

10% discount. Age 60+ and persons with disabilities.

Gyro Place

1501 4th Ave #109

Seattle WA 98101

(206) 682-2721

10% discount. Age 60+ or adults with disabilities.

Hancock's Bakery

16150 NE 85th #105

Redmond WA 98052

(425) 885-3780

10% discount on any purchase. Age 60+ or adults with disabilities.

Ivar's and Kidd Valley Restaurants

Pier 54

Seattle WA 98104

www.ivals.net

www.kiddvalley.net

(206) 587-6500

10% off for Carte Clam members (Carte Clam card must be obtained and presented prior to ordering). Two-for-one offer on birthdays. Age 55+ or adults with disabilities.

Julia's Restaurant

www.eatatjulias.com

20% off entire bill, excluding beer and wine. Age 60+ or adults with disabilities.

300 Broadway Ave E

Seattle WA 98102

(206) 860-1818

375 NW Gilman Blvd

Issaquah WA 98027

(425) 557-1919

4401 Wallingford Ave N

Seattle WA 98103

(206) 633-1175

Kanishka Cuisine of India

16101 Redmond Way

Redmond WA 98052

(425) 869-9182

10% discount. Age 60+ or adults with disabilities.

Mad Pizza

www.madpizza.com

15% off entire order. Age 60+ or adults with disabilities.

1314 Madison St
Seattle WA 98122
(206) 322-7447

4021 E Madison St
Seattle WA 98112
(206) 329-7037

3601 Fremont Ave N
Seattle WA 98103
(206) 632-5453

12720 Lake City Way NE
Seattle WA 98125
(206) 417-6500

Mimi's Bakery

4809 Beacon Ave S
Seattle WA 98108
(206) 923-1697

10% off wedding cakes, 20% off birthday cakes and 30% funeral flower arrangements. Age 60+ or adults with disabilities.

My Friends Cafe

310 NE 72nd St
Seattle WA 98115
(206) 523-8929

10% discount. Age 60+ or adults with disabilities.

Nielsen's Pastries

520 2nd Ave W
Seattle WA 98119

www.nielsenspastries.com
(206) 282-3004

10% off, excluding cakes and special orders. Cannot be combined with other discounts. Open 7:30 a.m.-3:00 pm Mon., 7:30 a.m.-5:30 p.m. Tues.-Fri., and 8:00 a.m.-3:00 p.m. Sat. Age 60+ or adults with disabilities.

North Hill Bakery

518 15th Ave E
Seattle WA 98112
bakerchx@blrz.net
(206) 325-9007

10% off, excluding special orders and cakes. Cannot be combined with other discounts. Age 60+ or adults with disabilities.

Pan Asian Buffet

601 S Grady Way
Renton WA 98055
(425) 227-8898

10% off lunch and dinner. Age 60+

Perche' No Ristorante Italiano

621° Queen Anne Ave N
Seattle WA 98109
www.perchenorestaurant.com
(206) 298-0230

10% discount on food. Age 60+ or adults with disabilities.

**Puerto Vallarta West
Seattle, Inc.**

4727 California Ave SW
Seattle WA 98116
(206) 937-7335

20% on food only. Age 60+ or
adults with disabilities (must
show Gold or FLASH card).

Quiznos Subs

617 NW Richmond Bch Rd
Shoreline WA 98177
(206) 542-2525

10% off. Age 60+ or adults with
disabilities.

Romios Pizza & Pasta

www.romiospizza.com

15% off everything. Age 60+
or adults with disabilities.

8523 Greenwood Ave N
Seattle WA 98103
(206) 782-9005

917 Howell St
Seattle WA 98101
(206) 622-6878

12501 Lake City Way NE
Seattle WA 98125
(206) 362-8080

Sahara Restaurant

4752 University Way NE
Seattle WA 98105
(206) 527-5216

20% discount. Age 60+ or
adults with disabilities.

Soundview Cafe

1501 Pike Place Market
#501

Seattle WA 98101
soundviewcafe@aol.com
(206) 623-5700

10% off all food and drinks. Age
60+ or adults with disabilities.

**Spud Fish & Chips -
Green Lake**

6860 East Green Lake Way
N

Seattle WA 98115
(206) 524-0565

10% discount. Age 60+ or
adults with disabilities.

Stella's Trattoria

4500 9th Ave NE
Seattle WA 98105
(206) 633-1100

11.75% off food items only. Not
valid with other offers. Age 60+
or adults with disabilities.

Subway Sandwiches

15500 1st Ave S
Seattle WA 98148
www.ravinderdua@hotmail.com
(206) 241-1920

10% discount. Not valid with
other discounts. Age 60+ or
adults with disabilities.

Sub City

22833 Bothell-Everett Hwy,
Canyon Park Suite# 105
Bothell WA 98021

hkdp@prodigy.net

(425) 486-4098

10% off. Age 60+ or adults with disabilities.

Thai Delight

6109 6th Ave S
Seattle WA 98108
(206) 767-3961

20% off. Age 60+ or adults with disabilities.

The Cityside Restaurant

818 112th Ave NE
Bellevue WA 98004
(425) 455-1575

Senior menu features weekly homestyle selections for \$10.75. Entrees include soup or salad and scoop of Dreyer's ice cream plus coffee or tea at no extra charge. Age 50+

Thumper's Restaurant

1500 E Madison St
Seattle WA 98104
(206) 328-3800

15% off. Age 60+ or adults with disabilities.

Tony Roma's

Reduced fare menu with and portions for adults age 55+

1020 Bellevue Way
(425) 454-7705

3828 196th SW
(425) 771-3700

543 NE Northgate Way
(206) 367-8384

17305 Southcenter Pkwy
(206) 575-1050
(253) 925-2204

Toreros Mexican Restaurant

(Crossroads Mall)
15600 NE 8th St #11
Bellevue WA 98008
(425) 644-7710

10% off lunch or dinner, drinks excluded. Age 60+ or adults with disabilities.

Trattoria Mitchell

84 Yesler Way
Seattle WA 98104
www.trattoriamitchelli.com
(206) 623-3883

11.75% off food items. Not valid with other offers. Age 60+ or adults with disabilities.

Twede's Cafe

12417 398th Ave SW
North Bend WA 98045

twedescafe@centurytel.net
1-425-831-5511

10% on all food and drink. Age
60+

Val's Cafe

6020 Phinney Ave N
Seattle WA 98103

(206) 784-7666

15% discount on breakfast and
lunch. Age 60+ and adults with
disabilities.

Wallingford Bakery

4405 Wallingford Ave N
Seattle WA 98103

(206) 547-3203

www.eatatjulias.com

20% off purchase in bakery.
Age 60+ or adults with disabili-
ties.

World Wrapps

www.worldwrapps.com

10% off. Age 60+ or adults
with disabilities.

1109 Madison (First Hill)
Seattle WA 98104
(206) 467-9744

2750 NE Univesity Village
Seattle WA 98105
(206) 522-7873

528 Queen Anne Ave N
Seattle WA 98109
(206) 286-9727

7900 E Greenlake Ave N
Seattle WA 98103
(206) 524-9727

701 5th Ave
(Columbia Tower)
Seattle WA 98104
(206) 340-0810

222 Yale Ave N (REI)
Seattle WA 98109
(206) 233-0222

400 Pine St #346
(Westlake Center)
Seattle WA 98101
(206) 628-6868

601 Union St #222
(Two Union Square)
Seattle WA 98101
(206) 628-9601

801 Alaskan Way, Suite 4
(Colman Dock)
Seattle WA 98104

228 Bellevue Square #228
Bellevue WA 98004
(425) 635-0103

124 Lake St S
Kirkland WA 98033
(425) 827-9727



RETAIL SHOPS

Arundel Books

1001 1st Ave
Seattle WA 98104
arundelbooks.com

(206) 624-4442

10% off. Age 60+ or adults with disabilities.

Chong Wah Ginseng & Herbs Gift Center

1032 S Jackson St
Seattle WA 98104
(206) 323-7229

5% off of everything. Age 60+ or adults with disabilities.

J & B African Market

10327 3rd Ave S
Seattle WA 98168
www.jbafricanmarket.com
(206) 915-5178

30%-40% discount on all products purchased, with proper identification. Age 60+ or adults with disabilities.

Leslie's

3405 California Ave SW
Seattle, WA 98116
(206) 923-2636

20% off. Open Wed.-Sat. 11 a.m.-5 p.m. Age 60+ or adults with disabilities.

Made in Washington Store

www.madeinwashington.com

10% off on regular priced merchandise, except wine. Not valid with any other type of offer or promotion. Age 60+ or adults with disabilities.

Pike Place Market
1530 Post Alley
Seattle WA 98101
(206) 467-0788

Westlake Center
Seattle WA 98101
(206) 623-9753

Bellevue Square
Bellevue WA 98004
(425) 454-6907

Alderwood Mall
Lynnwood WA 98037
(425) 771-3212

Southcenter Mall
Tukwila WA 98188
(206) 439-9683

Pacific Fabrics & Crafts

www.pacificfabrics.com

10% off on all regular priced merchandise. Not valid with any other type of offer. Age 55+ or adults with disabilities.

10203 Evergreen Way
Everett WA 98204
(425) 353-8866

1645 140th Ave NE
Bellevue WA 98005
(425) 747-3551

838 NE. Northgate Way
Seattle WA 98125
(206) 362-0111

4214 Wheaton Way
Bremerton WA 98310
(360) 479-4214

6000 E Lake Sammamish
Pkwy SE
Issaquah WA 98029
(425) 869-5840

3715 S Meridian
Puyallup WA 98373
(253) 770-1095

Seattle Unique Gifts/ Embassy Suites Hotel Gift Shop

3225 158th Ave SE
Bellevue WA 98004
(425) 644-9826

Discounts on Beanie Babies, earrings, necklace, crystal cards, t-shirts, sweatshirts and more. Age 60+ or adults with disabilities.

Terra Mar

7200 Greenwood Ave N
Seattle WA 98101
(206) 784-5350
terramargifts@hotmail.com

10% discount, excluding any sale items. Age 60+ or adults with disabilities.



THEATERS, MUSEUMS & PERFORMING ARTS

Book-It Repertory Theatre

Seattle Center House,
305 Harrison Street
Seattle WA 98109

www.book-it.org

Office: (206) 216-0877

Tickets: (206) 216-0833

Original stage adaptations of great works of literature. Past productions include *Pride and Prejudice*, *Howards End*, *Lady Chatterley's Lover*, *Breathing Lessons* and *Cry the Beloved Country*. Tickets \$15-30 with special discounts for adults age 65+, book clubs and groups.

Bumbershoot

The Seattle Arts Festival

Seattle Center

201 Mercer St

Seattle WA 98109

www.bumbershoot.org

(206) 281-7788

Discounts for adults age 60+ or with disabilities.

Experience Music Project

Seattle Center

325 5th Ave N

Seattle WA 98109

(206) 367-5483

20% off \$15.95 ticket (regularly \$19.95). Age 65+

Intiman Theatre

Seattle Center

201 Mercer St

Seattle WA 98109

www.intiman.org

(206) 269-1900

Senior discounts available for season subscriptions. Half-price tickets available day of performance in person at the Ticket Office. Group rates for seniors age 62+ or adults with disabilities approximately 25% off. Price to wheelchair locations varies. Discount not valid for *Black Nativity*, and cannot be combined with other offers.

Kirkland Performance Center

350 Kirkland Ave
Kirkland WA 98033

www.kpcenter.org

(425) 893-9900

Senior discount depends on the cost of the ticket.

Klondike Gold Rush National Historical Park

117 S Main St
Seattle WA 98104

(206) 553-7220

Park admission is free for all visitors. US citizens and permanent residents who are 62 years and older may purchase a \$10 Golden Age Passport (lifetime pass to federal recreation areas).

Northwest Asian American Theatre

409 7th Ave S
Seattle WA 98104

www.nwaat.com

(206) 340-1445

\$2 off all performance tickets.
Age 55+

Pacific Science Center

Seattle Center

200 2nd Ave N

Seattle WA 98109

www.pacsci.org

(206) 443-2001

Seniors 65+: On Wednesdays, free exhibits and \$5 add-on for regular IMAX films. Exclude special engagement exhibits and IMAX films.

Persons with disabilities: Free exhibits and regular IMAX films everyday (King County residents only). May exclude special engagement exhibits and IMAX films.

Seattle Art Museum

1st Ave at University St

(206) 654-3100

\$5 admission for adults age 65+ with free admission on the first Thursday and the first Friday of each month. The first Thursday of the month is also free to the general public. Charges may apply for special exhibits. Open Tues.-Fri. 10 a.m.-5 p.m.

Seattle Children's Theatre

Seattle Center

201 Thomas St

Seattle WA 98109

(206) 441-3322

Senior tickets run \$14-21, depending on the performance and location of seats. Friday 7 p.m. performances most economical. Age 65+

Seattle Opera

Seattle WA 98109

(206) 389-7676

1-800-426-1619

50% off two hours before curtain. 10% off on full-priced season tickets. Age 65+

Seattle Symphony

at Benaroya Hall

3rd & Union

Seattle, WA 98104

www.seattlesymphony.org

(206) 215-4762

(206) 215-4747 (tickets)

Senior discount tickets may be purchased, subject to availability, starting at 6:00 p.m. for evening performances and 12:00 noon for afternoon performances (in-person sales only). Restrictions may apply.

Second Story Repertory & Sprouts Children's Theatre

At Redmond Town Center

16587 NE 74th St

Redmond WA 98052

www.secondstoryrep.org

(425) 881-6777

Age 65+: \$4 off ticket price for Mainstage Series shows. Showtimes Sat. 8:15 p.m. and Sun. 2:15 p.m.

All Sprout productions are musicals that run 45-60 minutes. Ticket price \$8.50 for all ages. Showtimes Fri. 7:00 p.m. and Sat.-Sun. 1:00 and 3:00 p.m.

The Burke Museum

17th Ave NE & NE 45th St

(206) 543-5590

www.burkemuseum.org

Senior discount. Free admission on 1st Thursday of the month.

Youth Theatre Northwest

8805 SE 40th St

Mercer Island WA 98040

www.youththeatre.org

(206) 232-4145

Senior discounts for season subscriptions only (\$45 for 5 shows and \$70 for 8 shows). Individual tickets with no discount \$8.75-9.00 each. Age 60+ or adults with disabilities.



TRANSPORTATION

Amtrak

303 S Jackson St

Seattle WA 98104

www.amtrak.com

1-800-872-7245

15% off best available coach rail fare at the time of booking. Age 62+ or adults with disabilities (proof of age or disability required).

Seattle Center Monorail

305 Harrison St

Seattle www.burkemuseum.org

Seattle WA 98109

www.seattlemonorail.com

(206) 905-2620

75 cents one-way fare for adults age 65+ or adults with disabilities. Operates Mon.-Thurs.

11:00 a.m.-7 p.m., Fri. 11:00

a.m.-9:00 p.m., Sat. 9:00 a.m.-

9:00 p.m. and Sun. 9:00 a.m.-

7:00 p.m.



UTILITIES & CABLE TV

Comcast

(206) 386-1989

Low-income adults age 65+ or with disabilities are eligible for a discount on basic cable service. Call for information and forms.

Energy Assistance

Mayor's Office for Senior Citizens Utility Assistance Program

(206) 684-0268

Low-income residents may be eligible for financial assistance with utility bills. For referrals, call the number listed above. You may also call any of the programs listed below.

Central Area Motivation Program

www.seattle.gov/camp/

1-866-233-1068

Catholic Community Services

www.ccsww.org

(253) 854-0077

Metro Transit

201 S Jackson St

Seattle WA 98104

(206) 553-3060

Offers \$3 Regional Reduced Fare Permit for adults age 65+ and adults with disabilities;

\$5.50 monthly sticker that goes on Metro bus passes; and taxi scrip (for half-price fares on taxis) for adults age 65+ and adults with disabilities meeting low income guidelines.

Washington State Ferries

2911 2nd Ave

Seattle WA 98121-1012

www.wsdot.wa.gov/ferries

(206) 464-6400

Passengers and drivers receive 50% off depending on route.

Age 65+ or adults with disabilities (proof of age and disability required).

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Community Information Line
(206) 461-3200

Emergency Low Income Assistance Program (ELIA)
(206) 684-3688

Hopelink (North King County)
www.hope-link.org
1-866-233-1068

Kitsap CAP
1-800-338-3363

Multi-service Ctr
1-866-233-1068

North Helpline
(206) 365-8043

Operational Emergency Center
(206) 772-9232

Pierce County CAA
1-866-233-1068

Project Share (Seattle City Light assistance)
206-684-0268

Queen Anne Helpline
(206) 282-1540

ROAR of Washington
www.roarofwashington.org
(206) 634-1977

Society of St. Vincent de Paul
(206) 767-6449

Salvation Army
www.nwarmy.org
Seattle/White Center:
(206) 767-3150
Everett/Snohomish:
1-800-562-4367

Thurston, Lewis, Mason CAC
1-800-952-2125

University Churches Emergency Fund
(206) 524-7885

Volunteers of America
www.volunteersolutions.org
(206) 784-1595

West Seattle Helpline
www.westseattlehelpline.org
(206) 932-4357

Millennium Cable

1-800-829-2225

Call about discount and requirements for discount. Eligibility is determined over the phone.

Puget Sound Energy

PO Box 91269

Bellevue WA 98009

1-888-225-5773

Warm Home Fund energy assistance available for income-eligible gas and electric customers, administered by the Salvation Army.

Seattle Public Utilities, Resource Conservation

WashWise

(206) 615-1282

Receive a \$25-100 rebate on a qualified WashWise washing machine for a residence served by Seattle Public Utilities or a qualified wholesale water purveyors.

Mulching Mower and Compost Bin Sales

(206) 633-0224

Call the Natural Lawn and Garden Hotline for a great deal on compost bins.

Mayor's Office for Senior Citizens Utility Assistance Program

(206) 684-0268

Income-eligible Seattle City Light and Seattle Public Utilities customers may receive a 50% discount on their Seattle City Light bill and reduced rates on their Seattle Public Utilities (sewer, drainage, and solid waste) bill. Must meet income guidelines. Applicant may not be a resident of federally subsidized housing (Section 8, Seattle Housing Authority, King County Housing Authority, HUD, Shelter+Care, etc.), except SHA Bond apartments. The residential Seattle City Light bill must be in the applicant's name.

Washington Telephone Assistance Program

Discounts on monthly phone bill and installation fee for qualified Washington residents. Administered by DSHS, must be on monthly DSHS program (COPES/Chore Services, food stamps, TANF, SSI FIP). To apply, call Qwest at 1-800-244-1111, WTAP at 1-888-700-8880, TDD/TTY at 360-413-3003 or call your local phone company.



VETERINARIANS

All Critters Animal Hospital

2834 228th Ave SE
Sammamish WA 98075
www.vcaallcritterswa.com
(425) 392-7387

10% off services. Age 60+ or adults with disabilities.

Animal Clinic of Benson

10700 SE 208th St #204

Kent WA 98031

(253) 852-6330

10% off services. Full price on anything sent out for evaluation and medications. Age 60+ or adults with disabilities.

Aurora Veterinary Hospital

Evelyn M. Robertson,

DVM

Lisa J. Newton, DVM

Andrew Bernstein, DVM

8821 Aurora Ave N

Seattle WA 98103

(206) 525-6666

10% off services, Mon.-Sat. Age 65+ or adults with disabilities.

Banfield Pet Hospital

13000 Aurora Ave N

Seattle WA 98133

www.banfield.net

(206) 366-6630

5% discount. Age 65+

Capitol Hill Animal Clinic

Kristine Boudreaux DVM

501 15th Ave E

Seattle WA 98112

(206) 322-5750

15% off services. No discount for taxable items and outside labs and specialists. Age 65+

Cats Exclusive Veterinary Center

19203 Aurora Ave N

Seattle WA 98133

(206) 546-2287

10% off services and boarding.

Age 62+ or adults with disabilities.

City of Seattle**Animal Shelter**

2061 15th Ave W

Seattle WA 98119

www.seattleanimalshelter.org

(206) 386-PETS

50% off Seattle pet licenses;

50% off adoption price of a dog

or cat 2 years of age or older;

free adoption for any dog or cat

6 years of age or older (pet

license fees still apply at the

reduced rate); supplemental pet

food, toys leashes and collars

available on a first-come, first-

serve basis; financial assistance

available to assist with the spay/

neuter of a cat or dog. Age 60+

(with Gold Card) and adults with

disabilities (with FLASH Card).

Companion Animal Hospital

1827 156th Ave NE

Bellevue WA 98007

www.companionanimalhosptl.com

(425) 746-1800

10% off services only. Service

dogs receive 30% discount on

services only (no retail). Age

60+ or adults with disabilities.

**Evergreen Veterinary
Hospital**

14423 124th Ave NE
Kirkland WA 98034
(425) 821-9040

10% off most services and retail (doesn't include pet food). 20% discount for canine companions for independence and guide dogs. Age 60+ or adults with disabilities.

**Five Corners
Veterinary Hospital**

15707 1st Ave S
Seattle WA 98148
margaretb@petschoice.com
(206) 243-2982

10% off services for rescue search dogs. No retail discount. Age 60+ or adults with disabilities.

**Humane Society
for Seattle/
King County**

13212 SE Eastgate Way
Bellevue WA 98005
(425) 641-0080

Age 55+: Provide monthly delivery of supplemental pet food to low-income seniors.

Age 60+: Low-income seniors eligible for \$5 off spay/neuter surgery fee (clinic appointment required); \$50 off cat and dog adoption fees.

Adults with disabilities and homebound: Home Placement Program matches pets to customers.

Persons disabled by AIDS: Provide monthly delivery of supplemental food and cat litter; basic veterinary care and grooming.

**Kenmore Veterinary
Hospital**

6630 NE 181st
Kenmore WA 98028
kenmorevet@yahoo.com
(425) 485-6575

10% off services. Age 60+ or adults with disabilities.

Northeast Veterinary Hospital

9505 35th Ave NE
Seattle WA 98115
(206) 523-1900

10% off services and surgeries.
Age 60+ or adults with disabilities.

Phinney Ridge Animal Hospital

8205 Greenwood Ave N
Seattle WA 98103
(206) 784-9200

15% discount on all services.
Age 60+ or adults with disabilities.

Richmond Highlands Veterinary Hospital

18019 Aurora N
Seattle WA 98133
(206) 546-2426

10% off on all services and supplies. Age 65+ or adults with disabilities.

Seattle Veterinary Associates

6857 Woodlawn Ave NE
Seattle WA 98115
www.greenlakevet.com

10% discount. Age 65+ or adults with disabilities.

Snoqualmie Valley Animal Hospital

32020 SE 40th Street
Fall City WA 98024
www.svah.com

(425) 222-7220

10% discount on all services.
Age 60+ or adults with disabilities.

Sunset Pet Hospital

3241 NE Sunset Blvd
Renton WA 98056
sunsetpet@aol.com

(425) 226-6359

5% off services. No discount on drugs, food, products or services provided by specialists.
Age 65+

Woodinville Animal Hospital

Alan E. Marsh, DVM
16511 140th PI NE
Woodinville WA 98072
woodinvilleanimal.com

(425) 483-5005

15% off services (excluding supplies and medications).
Seeing-eye dogs receive basic services at no charge. Age 62+



MISCELLANEOUS

Consolidated Carpet and Flooring

11724 Lake City Way NE
Seattle WA 98125
(206) 440-8609

10% discount. Age 60+ or adults with disabilities.

Econo Lodge Seatac Airport

13910 Tukwila Internat'l Blvd
Tukwila, WA 98168
(206) 244-0810

15% discount. Age 60+ and adults with disabilities.

Gargoyles Statuary, Inc.

4550 University Way NE
Seattle WA 98105
www.gargoylestatuary.com
(206) 632-4940

10% off all statuary and gifts, excluding consignment and sales items. Discount not valid with other offers. Age 60+ or adults with disabilities.

Grange Supply, Inc.

145 NE Gilman Blvd
Issaquah WA 98027
www.chipgrangesupply.com
(425) 392-6469

10% off all pet foods and bird supplies for wild birds (feeders, seed, houses, etc.). Age 60+

Home Instead Senior Care

1200 112th Ave NE,
Suite P-100
Bellevue WA 98004
(425) 454-9744

5% off regular home help rate.
Age 60+ or adults with disabilities.

Home Instead Senior Care

2633 Eastlake Ave East,
Suite 206
Seattle WA 98102
www.homeinstead.com
(206) 622-4663

Call for senior discount. Age 60+

Mueller Enterprises - Shaklee Products

6827 39th Ave NE
Seattle WA 98115
(206) 523-0946

20% off all products. Age 60+ and adults with disabilities.

Quinault Beach Resort and Casino

78 Stare Route 115

Ocean Shores WA 98569

www.quinaultbeachresourt.com

(360) 289-9466

1-888-461-2214 (reservations)

10% off best available rate of the day. Age 60+ or adults with disabilities (with Gold or FLASH Card).

Red Lion Hotel on Fifth Avenue

1415 5th Avenue

Seattle WA 98101

www.redlion.com

(206) 971-8000

10% off room rates, subject to availability. Age 55+ or adults with disabilities. Senior discount in Terrace Garden Restaurant.

RiverRock Garden & Deck

817 238th St SE

Bothell WA 98021

www.riverrockgarden.com

(425) 402-7163

10% off. Age 60+ or adults with disabilities.

Sky Nursery

18528 Aurora Ave N

Shoreline WA 98133

www.skynursery.com

(206) 546-4851

10% off regular priced merchandise. Discount does not apply to gift certificates, bulk deliveries, delivery fees, sale items or prior sales. Wednesday is Senior Day. Age 60+

Visiting Angels

3513 SW Alaska St

Seattle WA 98126

ginasangels@comcast.net

(206) 439-2458

10% off first week of service. Age 60+ or adults with disabilities.

Wisteria View Manor

1400 S Main St #109

Seattle WA 98144

wvm@cablespeed.com

(206) 325-9810

Section 8 assisted tenants in apartments for low-income seniors. Age 62+ or adults with disabilities.

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